

STUDIO PRIVATO

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Suwasahana Ayurveda Medical Center

Panchakarma treatments



VAMANA KARMA - Vomiting

Vomiting can remove the waste and phlegm from the upper part of the stomach and liver near the chest area.

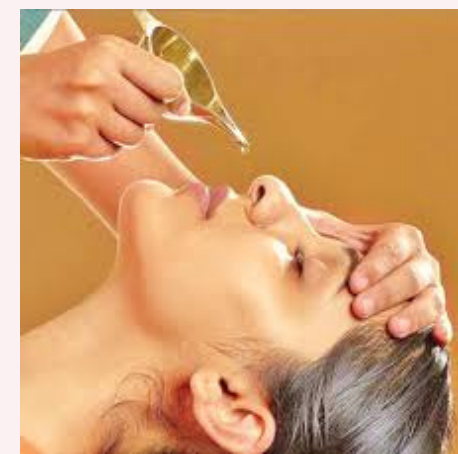


VIRECHANA KARMA - Purgation

Varechana (Pugation) Karma is used to remove the waste from the lower abdomen area. In this method of treatment, some medicine is taken orally and the wastes of the upper part of the abdomen are removed through the laxative

NASYA Nasal Therapy

Nasya Karma treatment, which is the most basic treatment method of the Pancha Karma system, is performed to eliminate certain defects related to the head and face.



VASTI - Enema

By using oil and decoctions around the anus, it is possible to alleviate the diseases related to the Mahantra. A cleansing karma that helps to alleviate Vata Dosha.



RAKTHA MIKSHANA - Blood letting

Rakta Mokshana is done to eliminate the local diseases by removing the blood contained in our body in a certain way. There are several methods by which Rakta Moksha can be performed and one of them uses leeches.



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NB: Panchakarma treatment must be done under the supervision of a doctor. Failure to do so may result in deformities of physical defects and various physical discomforts as side effects

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